

HEALING: WHAT IS IT ? HOW DOES IT "WORK"?

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Now in my previous essay "Healing, what a mess!" I discussed the differences between healing and curing, between "healers" and Doctors, this time I want to talk about "healing as a process", and about healers, and about who does what in that process.

Like everything else I have to say, this is based on the fact that the intrinsic reality of all things is energy. As you have heard me say many times in other essays, and, I assure you, will hear me say many times again: the **ONLY** reality of any physical thing, sentient or not, is that it is an amalgamation of energy particles held in relative stasis by a web of energy or "force field". I think it should be clear to all of you that energy itself cannot be either sick or damaged in any way. So then, the obvious question is this: If the only reality is energy, how then do people get sick or damaged? And of course, we know that they do.

Now the facile answer would be to say that people get sick or damaged as part of the process of the evolution of intelligence. Of course, that then, gives rise to the question: are these things intrinsic to the process or coincidental to it? In other words do sentient beings have these experiences as part of some overreaching developmental "plan", or do they have them as a coincidental part of the process that is physical life? I am inclined toward the view that these things are coincidental to life, and must be so. And these are my reasons:

The idea of some sort of pre-programming or "plan" for each life, does completely away with the value of that life as a developmental experience. The various religions which purvey the "Divine Plan" do not, of course accept the perception of a life as a part of an on-going experiential process. But if each life is one in a sequential process of experience, then of what possible good would they be if they were "Programmed"? If each life consisted of a series of entirely "pre-programmed" stimuli to which the individual had a range of very limited options of largely pre-programmed responses, where then is there valid experiences? The many religions who have these beliefs talk a great deal about "God's gift of Free Will" but when examined carefully that is an entirely specious claim. It's specious because of the nature of their "God". Their "God" is alleged to be "Omniscient", i.e. "He" knows everything. Well then if he was truly "omniscient" he would then know exactly how each individual would react to the stimuli "he" had programmed for them. Where then is "free will" and where then is valid and valuable experience?

No. It's clear to me that each life is largely coincidental and accidental within the rather rigid parameters established by one's birth circumstances. People get sick, or run over by trucks, or shot, because that's what happened. However, if people are simply energy fields how can such things happen. The answer to that question lies in our perceptions of the nature of the human condition and the nature of physical reality.

What is physical reality anyway?

In my recent essay on "Reincarnation???" I mentioned that our personal physical reality is a holographic projection of our consciousness, and I am sure that is true, but what then of rocks and non-sentient things, of what are they the "holographic projection"? I think they are the combined projections of the planetary super-consciousness, in other words the projection of the combined consciousness of all the sentient entities on a particular planet. By extension of that thought, the visual universe is the projection of the "universal consciousness" Now, the reason why the physical universe is so seemingly real is that it is the projection of such a great mass of consciousness, and in the case of the actual physical realities of this particular planet, the projection is also the result of millennia of conditioning as to what physical reality is. In other words, we all see what we all project based upon what we expect to see.

How does all this relate to Healing? Well, if one accepts, even if only hypothetically, the idea that all that exists is energy, then illness, like the physical body it afflicts, is not real It only SEEMS to be real because we mostly don't know any better, and even for those who "know better" hypothetically, all those millennia of mass conditioning makes it near to impossible to transcend the hypothetical and accept the real.

"Healing" is simply attunement. Attunement? To what? To answer that we have to return to the beginning, to the "Big Bang".

What does the "Big Bang" have to do with "healing"? Everything! Of course there is nothing at all extant in the physical and non-physical universes which does not have a connection to the "Big Bang". What does an explosion produce besides light and heat? It produces sound waves. When the primordial atom exploded, besides producing energy particles it produced the waves of sound which along with the particle carrier waves, and perhaps inseparable from those "Carrier Waves", have flowed outwards from the "center-source". At first these waves were absolutely chaotic but in time as the Universe coalesced they became coherent, they are "The Cosmic Harmonic". "Healing" is nothing more than using the "Cosmic Harmonic" to attune an out of tune energy field with itself. And that is all that "healing" is, the attunement of an energy field that has gotten out of tune

with the Cosmic Harmonic.

Now the fact of the matter is that if everyone, or rather if every sentient entity were fully aware of it's reality as only an energy field and fully aware too of the fact that it's physicality was simply a Hologram projected by its consciousness, no one would ever require either "healing" OR "curing", But as you know, that is not at all the case. So because they are unaware of their reality and their immortality, people and all other sentient beings, because they have no information or knowledge of the truth, make the false assumption that they must do so, and so they fall sick, get injured, and "die".

"Healing" therefore is nothing more than attunement with the Cosmic Harmonic, so what then is it that a "healer" does?

Well to be perfectly truthful, a "Healer" doesn't "DO" anything. What is accomplished by a "healer" in one of two ways, is the facilitation of the process by which the "Cosmic Harmonic" attunes the "out of tune" energy field to itself.

There are only two different types of "Healing" methodologies. No matter what they call them, no matter how wildly different the "styles" may be there are only two basic "healing" facilitation. One is "magnetic Healing" or the "Laying on of Hands" and the other is "Shamanic Healing"

Wherever on this planet you have Shamans, on all continents, no matter what they are called you have the one basic Shamanic Healing, every other healing type, no matter what it's practitioners claim, is simply "laying on of hands". "Reiki" is simply old fashioned magnetic healing, the Jesus of the New Testament was a practitioner of "Magnetic Healing" and not a very good one if the New Testament can be relied on (which it can't be at any time). A "good healer" never permits their own energy to be drawn upon, and according to the "Bible" Jesus was terribly fatigued after one of his healing sessions, that means that either he allowed the patients to draw out his own energies, or used them himself which is an ego trip. Luckily he is fictional.

Now what is the difference between "Laying on of Hands" and Shamanic Healing? The results are almost identical although Shamanic Healing is far more efficient when practiced at a distance. As a practitioner of both methods I find that Shamanic Healing is more effective in terminal disorders.

The principal difference between "Magnetic Healing" and "Shamanic Healing" is that "magnetic Healing" (Laying on of Hands) can easily and quickly be taught to

anyone, or rather to anyone who believes they can be taught. "Shamanic Healing" on the other hand, cannot be taught, either a person is a Shaman and can use this method, or a person isn't and cannot. No one can be taught to be a shaman, though it is possible to help people who are intrinsically a shaman to know how to "use" the facility. I do both.

Now while I cannot "teach" a Person to be a shaman I can help a person who is a Shaman to use their abilities. On the other hand, I can, and have shown many people how to "Lay on their Hands" and do Magnetic Healing. In fact after reading this almost any one of the people who read it, if they understand me, and it's very easy to do so, should be able to do magnetic healing.

Now let's get down to specifics, what is the difference between "Magnetic Healing" and "Shamanic Healing"?

In "Magnetic Healing" the practitioner acts as a channel for the Cosmic Harmonic which then enables the patient to participate in their healing. In "Shamanic Healing" the Shaman acts as a bridge-channel so that the spirits can utilize the Cosmic Harmonic on behalf of facilitating self-healing. Shamanic Healing is as beneficial as it is because the "spirit companions" of the patient assist those of the shaman in facilitating the healing. Every sentient creature has a coterie of "spirit companions", but while many people believe this, only a shaman knows this for sure, for everyone else it has to be an acceptance of a hypothesis, or the acceptance of the shaman's word. For "psychics" there is a possibility that they can "see" what's happening, but, in the long run, most "psychics" are either intrinsically "mediums" or "Shamans".

Now there are a number of other things that a Shaman can accomplish in concert with the spirits that are equally beneficial, but they are not connected with basic "healing". If you have read my essays on shamanism you know that it is the spirits who select or choose a person to be developed into a shaman and so that's about all I can say about it in this essay. But let's turn back to magnetic healing. What is required to do it?

Firstly: the practitioner or would-be practitioner must know, not believe but **KNOW** that healing is possible. I am not saying they need to know it's a sure thing, that isn't necessary at all, but they must know that it's a possibility. The first successful result completely takes care of uncertainties.. Once that level of understanding is reached then the would-be-practitioner must find a way to become aware of the Cosmic Harmonic as a real not a hypothetical thing. This is the hardest part, but the first time a person "feels" the harmonic they will never doubt it's existence again. The hardest way to do this is to try it on your own, the easiest way, and it's very easy, is to go to someone who is a successful

"Magnetic Healer" and ask them to attune you to the energies. This takes about a minute.

At this point I have to warn about something I consider to be a really ugly thing. Anyone who wants money, or anything else, as a "fee" for such an attunement is simply a crook. It takes no work, no effort, and damn little time, so I can only ask "What's to charge for?" Usually the kind of people that "sell" this sort of thing have nothing at all to "sell". If "healing" or anything connected with it isn't absolutely free than it isn't anything at all.

Now once the would-be-practitioner is attuned to the Cosmic Harmonic, they are no longer a would be healer, but a healer. That's all that's needed. Then when a patient presents themselves, the healer simply "reaches out" and grabs the energies, and then focuses them on the patient. And keeps them focused until they stop flowing. That's all there is to it, no fuss, no muss, no bother.

That's another way to tell a real healer from a fake. If there's any "fuss, muss, and bother" the person is a fake. "Fuss, muss, and bother" is basically theater and no real healer needs theater.

Another thing that pertains to being a healer is this, when you are channeling the Cosmic Harmonic into the auric field of the "patient" no thought is needed. You only keep your mind entirely focused on **HELPING**, you don't need to worry about what's wrong with the patient or what's needed for healing. In channeling the energies you have done all that's needed. Another important thing is that a healer must entirely relinquish any need for results. A healer wants to help, in fact a healer needs to heal, but, the results are up to the patient and the energies. A healer wants to help, and the patient wants to be helped, and that's the whole of it, sure a compassionate person wants to see good results of a healing, but you must remember that a practitioner of "laying on of hands" cannot know causes, and cannot see the future, and so the "results' of a healing are rightfully out of the healers hands.

Another important thing for would be healers to know is that one cannot expect or demand recognition for the work. It is counter productive to do so, and in fact downright dangerous. The fact of the matter is that people tend to pretend things that they don't comprehend didn't happen. Doctors (or damn few of them) will admit that a terminal patient returned to health through "healing" and so they will claim a mis-diagnosis or "spontaneous remission" rather than admit that a person with Cancer or AIDS no longer has any trace of the disease. But this shouldn't bother a healer who, after all, should only be wanting to help someone. In a way, the desire for recognition is akin to charging, it's just another coinage.

Akin to this is the fact that a "healer" mustn't go out and "seek" patients. They must come to the healer of their own desire and need.

I should imagine you've noticed a common thread in what I have been saying. Healing is, and must be, entirely ALTRUISTIC.

All of the things I've been talking about, i.e. any form of self-assertion on the healers part subtracts from the altruism. These things are equally true of either Shamans or those who practice the "laying on of hands".

There is a force in the Universe, it seeks order and growth, that "force" is the Cosmic Harmonic, healing and healers of whatever kind, just go with the natural thrust of that force.