

HEALING: WHAT A MESS!

alexis dolgorukii © 1998

"HEALING" IS, AND MUST BE, ENTIRELY ALTRUISTIC, TO THE DEGREE THAT IT IS NOT ALTRUISTIC, IT IS NOT VALID

And, in my very long experience as both a practitioner of healing and teacher of the art, it will not "work".

I truly cannot think of anything more pathetically symptomatic of the times in which we live than the nature of the violently adversarial controversies currently swirling muddily around the subject of "spiritual" or non-physical alternative healing practices, and most especially regarding the Reiki modalities.

The saddest aspect of all of these so unpleasant conflicts is that they occur when, after long years of trying desperately to get the general public to view alternative healing practices in a more positive light, we have succeeded in doing so, only to have the effect marred by corruption and profiteering and charges and counter-charges, and worst of all, by a really significant amount of untruthfulness.

Now, the biggest negative aspect of all this is that everyone loses, it is an entirely lose-lose situation. Why does "everyone lose"? It is because the ugly controversy tends to discourage people from utilizing non-physical alternative healing methods, and that is a loss to everyone.

If a person is a truly dedicated healer, this is an eminently discouraging and depressing situation. We have certainly traveled a long way from the days when not only were alternative healing practices viewed as utter nonsense at best and utter insanity at worst. In those days any alternative health practitioner really had to worry about persecution and prosecution for "practicing medicine without a license". I clearly remember an attorney advising me that even though I was a practitioner of "laying on of hands", and as such, neither diagnosed nor prescribed, I risked prison every time I tried to help someone. He told me that I had to become an ordained Priest in order to practice laying on of hands. I told him "been there, done that" and that I wasn't going to do it this time and that there was nothing which I found more contemptible than the "self-ordained". (Being ordained by some profit-driven "ordination mill" like the "Universal Life Church" is absolutely no different, and perhaps even a bit worse than self-ordination). In America, self-ordination is perfectly legal, however that "legality" does not make the practice either ethical or spiritually valid.

Today, when the actual Medical Profession is just beginning to take alternative methodologies at face value, it seems that a large number of so-called "healers" are going out of their way to undo all the good that has been done over the years. The "Reiki Movements" are among the foremost of these. I am familiar, at

least, with all forms of healing and so I am going to carry this discussion further than simply the controversy surrounding the practice of Reiki.

But as the subject is already current, let's start with "Reiki". Now, as a senior practitioner who was serving as a healer long before anyone ever heard of Reiki on a wide scale, and as one who has experienced ALL the so-called Reiki Attunements. How do I view Reiki?

Reiki when viewed as a healing modality, and ONLY as a healing modality, is a very valid and useful thing. The social organism which has grown up around it however, and I really need to make it clear that I mean the many social organisms that have grown up around the healing modality, are something else again. They are for the most part neither valid nor useful nor positive.

Now, as a healing modality, Reiki works, but it is NOT "new", it is NOT unique, it is NOT original, and it is NOT "special" in any way, and it is certainly nothing unique to Japan. No matter what the many Reiki Masters, with their profit margins firmly in mind, claim, Reiki is simply a variation on magnetic healing. And all that magnetic Healing" can be honestly said to be is "laying on of hands".

Now, what is "laying on of hands"? What does it do, and how does it "do it"? And most important of all, WHO can do it? Now, as usual, and this is something I have been teaching for years, ANYONE can "do" it! Of all the so-called "spiritual practices" healing is the easiest both to do and to learn. The only basic qualification to being a healer is a strong motivation to actually be one. A person who wants to be a healer needs to CARE about others and their welfare, and needs to WANT to be helpful. There is only one difficult aspect to becoming a healer, and this is where the Reiki Movement, by and large, went astray. It is absolutely imperative that the personal identity of an individual, by which I mean their ego, does NOT become involved in the process. A healer does NOT heal anyone they merely facilitate a process through which the individual heals themselves. To the extent that any individual makes the error of believing that they themselves do anything, they are NOT healers!

Now, I also want to say that I have determined without any shadow of a doubt that such absurd qualifications as "purity" and "holiness" have absolutely nothing to do with the ability to heal. A prostitute who really feels care and compassion for others is far more likely to be a good healer than a smug self-righteous Nun. It has been my long term and continuous experience that the "Professional Religious" and especially the Celibate Professional Religious, is far more likely to be an egomaniac and sexually obsessed than any ordinary member of the laity. People who are egomaniacal and sexually obsessive tend not to be the best of healers. Of course a so-called "healer" who sells their art, is far more of a true Prostitute than one who sells merely their body. But, while a prostitute actually has a product to sell, a healer who sells their art, because of their entire misperception of the art, has nothing at all valid to purvey.

So then, what is magnetic healing? It is simply the tuning in to the Cosmic Harmonic, and while tuned in, to focus that harmonic to facilitate the self-healing of the patient. The healer is no more or less than the "tuning crystal" in one of the old radios. The biggest problem in the many healing modalities is the potential within humankind to make an ego trip out of anything.

What is the "Cosmic Harmonic"?

"In the beginning was the word, and the word was with God and the word was "BANG" now that is a sardonic description of what we now agree was the origin of the manifested universe, or rather of THIS manifested universe which is all we know enough to claim. Now, this "big Bang" was an explosion which set off a set of vibrations which in time became what I call the "Cosmic Harmonic" and it, and the energies of which it is composed, is the ONLY reality that really exists. The only possible definition of "God" is that it is the Unified Field of evolving energy that came into existence upon the "Big Bang". As I have said elsewhere recently, we live in an cosmos that is truly pantheistic because "God is not the most important thing, God is the ONLY thing". I would also put it another way, there is no thing at all that IS "God" and no thing at all that "ISN'T"!!!!

Magnetic Healing "works" simply because the Human Body and all other "things" as well are nothing more or less than partially individualized energy fields that exist solely within the context of the unified field of energy which composes this cosmos. Healing is simply a process by which the individualized force field of a particular being is "ATTUNED" to the Cosmic Harmonic. Sickness is a condition which is produced by disharmony, healing simply tunes the system.

All of the many levels, and they are infinite, of the multiple realities that grew out of the "Big Bang's" original explosion, are composed of energy particles of varying degrees of smallness, carried on "particle carrier waves". Now the degree of smallness varies directly with the speed of oscillation of the sine wave curve which carries them. I think it's pretty easy to extrapolate from this that as nothing at all is anything but energy, then energy itself is the best way to deal with itself. And that is what magnetic healing or "laying on of Hands" or Reiki is all about.

This energy wave, the residue of the Big Bang" is called by many names. I call it the Cosmic Harmonic, the Reiki movement calls it Reiki, and it has been called many names by almost every group of humans on this planet. The Yoruba Peoples and Ife Peoples in Africa call it "ASHE", In Europe and the Americas it has been called variously The Odhic force, Od, and Orgone. In India it is called Prajna and fohat, In Tibet it is also called both those things but it is also called Qi or Chi, which is what it is called in China and Japan where Qi is sometimes spelled Ki (as in Reiki). But no matter what you call it, it is the Cosmic Harmonic, the vibratory residue of the Big Bang! Anyone who claims any one of these is different to, or superior to, the rest is simply ignorant or dishonest. And that kind of claim is endemic to the "mess" I am addressing in this essay.

It is important to try to view the manifested or physical universe as a hologram of reality. If one truly learns to do this, eventually one can control that reality in conformity to one's will. When that level of understanding of reality is reached, then healing is only one among an infinitude of possibilities.

The most important aspect of the healing modality, in this regard, is that because it is so very easy and simple, and because it is so very possible for so many people to learn to do, it is a good entry point to begin to learn how to deal with the reality of reality.

Now, if one really looks at that statement, one can easily come to the same conclusion I did, that because it is the "first step" as it were, the healing modalities are a tremendously vital ingredient in the evolution of consciousness, which if you've been following my work, you know is what I teach that "everything" is all about.

Now, before I go on to deal with the controversies swirling about the "Reiki Movement", let me keep my promise and give you a brief over-view of the broad spectrum of healing modalities.

The first thing we must do is separate "healing" from "curing" for they are not at all the same phenomenon. It is vitally important that we realize that difference and one other, the difference between "healing", "curing" and prophylaxis which is the prevention of disease in the first place. All three are absolutely vital to human welfare.

I have to say that in a certain light, the most important of the three is prophylaxis, for it is far better that people never need either "healing" or "curing". Now I don't think that is an outrageous thing to aim for. The difference between a "healer" and a "curer" is that one who "cures" can be said to "fix what's broke" and this is wonderful. What a healer does is "make the broken whole". There is a very great difference between the two things. A medical doctor or Surgeon "cures" and "layer on of hands" heals. What is the actual difference?

Well with a Doctor, you leave him, if he's successful, a cured person, no longer sick or "broken", with a healer you finish as if you'd never begun, it's as if you were never sick or "broken" in the first place. When a Medical Doctor repairs a broken bone, there is a line of scar on that bone that is visible to an x-ray machine and can thusly be photographed. I have facilitated the healing of a compound fracture of a bone, and within 24 hours there is no mark at all to indicate that the bone was ever broken. Can you see the difference?

Doctors are limited by the advances and successes of medical research. A "healer" has no limits at all except in the healer's own expectations and internal imitations. This is so because if a healer believes something is beyond their capacities, well then it is beyond their capacities. A healer is limited only by their own internal limitations, which is probably (for now) a good thing or no one would ever die.

Now there are also other forms of "Doctor" and Healer" but not as many as one would at first assume. After all once you've divided the type into one who cures illness, and one who heals illness, and one who prevents illness, almost every one fits into one or more of the categories. I say "one or more" because things are seldom "either-or", very seldom indeed.

I think you're all quite capable of making an informed opinion as to what sort of person and their profession or avocation fits into which of those "types" so I shan't do a catalogue.

Now I'd like to get around to trying to "clean up the mess".

What mess? I have clearly said that Reiki works and is a valid version of magnetic healing, so where's the mess? The "mess" arises within what is being done to the social aspects of the practice. The worst aspect of all of this is that the Reiki Movement has become a profit center. Now, when I was first introduced to Reiki I was horrified by the totally unconscionable sums charged for the process. One thing was pretty clear though and that was the potential for trouble. In the first place as the number of purchased Reiki Masterships increased, and as each of these new "masters" strove diligently to recoup their "investment", it was clear to me there would be "price wars". Not only "price wars" but "product development" as well. Some of these people have come up with a new "product" called "The Siechem Attunements", these are SEVEN so called attunements, and more than doubled opportunity for recouping one's original investment. This, of course, can continue almost infinitely. I am also informed that there are other "extra" or "additional" or "advanced" variations on the "attunement theme" being offered as well. This is all totally tragic and totally negative.

There are absolutely no "degrees" of healer. A healer is a healer, is a healer, etc. When any person is made aware of, and sensitized (attuned) to, the Cosmic Harmonic, then to the exact degree they believe themselves capable, they can heal.

The best thing about methodologies like Reiki is that all the "hocus pocus" gives people the confidence that they are doing something they otherwise would feel inadequate to do. That, by the way, is the sole valid purpose of ritual, and the Reiki Method is clearly ritualized, it gives people the confidence to do something they otherwise would not have the confidence to try. The important thing to remember about any non-physical methodology is that the results are not always immediately apparent to either the person using the method or those observing. Now the best aspect of healing is that it's results can be immediately and shockingly apparent. Not always, but often enough to make the healer confident of their abilities without any hocus pocus.

Well all that has surely happened, but something even less savory has happened too. In the course of their efforts to recoup and increase on their investments, many Reiki Masters have chosen the ugly course of invalidating the competition. They are attempting to do this by telling totally fictitious "histories" to prove that

they are the "true" Reiki Masters and that other teachers aren't valid. This is squalid and unseemly.

I am, as anyone who regularly reads my work knows, an historian. I have reviewed these competitive "histories" and I am afraid I find them all equally valid. Which means, of course, that they are all equally fictitious. There are so many stories about the Monk Usui, that they completely invalidate one another, especially as so many of the stories are contradictory both of one another and of common sense. Many of the stories also contradict things we really do know, not so much about Reiki, as about Japanese Religious practices, Japanese History, and what has long been known about magnetic healing. Steven Buck covers most of these details very adequately in his own essay so I will not belabor you with them.

The fact remains, and it is clear and almost unarguable, that a valid, and extremely easy to learn technique to enable ordinary people to become healers, has been perverted by greed, arrogance, ego, and just plain stupidity. What kind of service to humanity is it that costs thousands of dollars to learn? What kind of altruism is it that costs anything to learn?

The more people who are made aware of the Cosmic Harmonic and it's uses, the better off the sentient beings on this planet are. What sort of person demands money to perform this service from which they, as well as everyone else, benefit? What sort of person regards altruism as oppressive? What sort of person regards healing as a profession? I'll tell you this, it's no one I'd want to be!

One part of this "mess" I really want to single out for particular opprobrium is this: I am told by a great many victims of these "snake oil salesmen" that they claim that they are NOT charging for either the attunements or the training but are simply charging for their time. This is egregiously vicious nonsense! It is, moreover, an absolutely clear sign that these people haven't even the slightest most superficial understanding of the meaning of spiritual endeavors. A SPIRITUAL TASK IS IT'S OWN BEST REWARD!!!!

Those of us who truly work for spiritual goals do so because the work itself is infinitely rewarding and productive of joy and fulfillment. I have spent the last thirty years as a healer, counselor, and teacher, in all that while I have never requested a single penny for doing so, nor have I received one. But I feel far more successful than any business man, and I can't even think of a single reason to change my path. I have said to the universe "I will serve all who need me" and, in response, the Universe has provided for me. I have all I need, and to be truthful, all that I want. I wonder if all these Reiki rake-off artists" feel that way.

What ever happened to "The Age of Aquarius" ?